



# BREAKFAST PRICES:

Elementary	\$1.10
Middle	\$1.20
High	\$1.20
Adult	\$1.70

# March, 2012

Broward County Food and Nutrition

# Breakfast





Parents are encouraged to prepay for student meals.

Menu subject to change due to availability.

## Healthy Hunger Free Kids Act

First Lady Michelle Obama and Agriculture Secretary Tom Vilsack unveiled new standards for school meals that will result in healthier meals for kids across the nation. The new meal requirements will raise standards for the first time in more than fifteen years and improve the health and nutrition of nearly 32 million kids that participate in school meal programs every school day. The healthier meal requirements are a key component of the Healthy, Hunger-Free Kids Act, which was championed by the First Lady as part of her *Let's Move!* campaign and signed into law by President Obama.

This legislation calls for increases in the amount of healthy fresh foods served in schools, such as an increase in fruits and vegetables. The focus of this Act is to provide children with the tools they need to make healthy food choices at school and at home. The Act calls for reduced sodium and reduced calorie items. It also calls for more whole grains, fruit and vegetables and healthier items in vending machines. The legislation also requires meal prices to be in line with federal subsidies for students who receive Free and Reduced Price Meals. The increases in opportunity for students to select more nutrient dense meals are worth the financial investment.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.			1 Breakfast Pizza Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Chilled Mixed Fruit Milk – White or Choc*	2 French Toast Sticks W/Syrup Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Chilled Applesauce Milk – White or Choc*
*Only low and fat free milk served				
5 Sausage Wrapped Pancake Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Apple Juice Milk – White or Choc*	6 Chicken Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Baked Potato Triangles Milk – White or Choc*	7 Egg and Cheese Biscuit Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Chilled Peaches Milk – White or Choc*	8 Sausage Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Orange Juice Milk – White or Choc*	9 French Toast Sticks W/Syrup Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Chilled Pineapple Chunks Milk – White or Choc*
12 	13 <b>Schools closed</b>	14 <b>this week for</b>	15 <b>Spring Break</b>	16 
19 Breakfast Pizza Bagel Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Diced Bartlett Pears Milk – White or Choc*	20 Mini Pancakes Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Orange Juice Milk – White or Choc*	21 Sausage Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Baked Potato Triangles Milk – White or Choc*	22 Breakfast Pizza Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Chilled Mixed Fruit Milk – White or Choc*	23 French Toast Sticks W/Syrup Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Chilled Applesauce Milk – White or Choc*
26 Sausage Wrapped Pancake Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Apple Juice Milk – White or Choc*	27 Chicken Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Baked Potato Triangles Milk – White or Choc*	28 Egg and Cheese Biscuit Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Chilled Peaches Milk – White or Choc*	29 Sausage Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly  Chilled Pineapple Chunks Milk – White or Choc*	30 <b>NO SCHOOL</b>

